

## Good Introductions and Good Conclusions

What is good and bad about each **introduction** below?

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1 Doing yoga is easy. Yoga was invented in India. I like yoga.

Good

Bad

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2 Do you want to relax well? In modern life, relaxing is difficult because there is so much stress. Both work and school give us stress.

Good

Bad

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3 *Every day I feel stress when I come home. I need a good way to relax. Yoga is a very old way to relax and also feel healthy. I like to do yoga every day to make my body feel better. Yoga breathing is a good way to relax and easy if you follow these steps.*

Good

Bad

What is good and bad about each **conclusion** below?

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1 So yoga is good.

Good

Bad

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2 Now you have learned how to do a simple relaxation with yoga. It will improve your life. When I started doing yoga, I felt much healthier and stronger. I also met a lot of nice people at the yoga studio. I even studied better. One man started doing yoga and now he is so strong he can lift a car. Some women say they are very beautiful when they do yoga. Yoga does great things to you so everyone should do it.

Good

Bad

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3 *If you follow these steps and practice them every day, soon you will feel very relaxed. In fact, you will also feel stronger and more healthy. So, I hope you will try it today.*

Good

Bad